

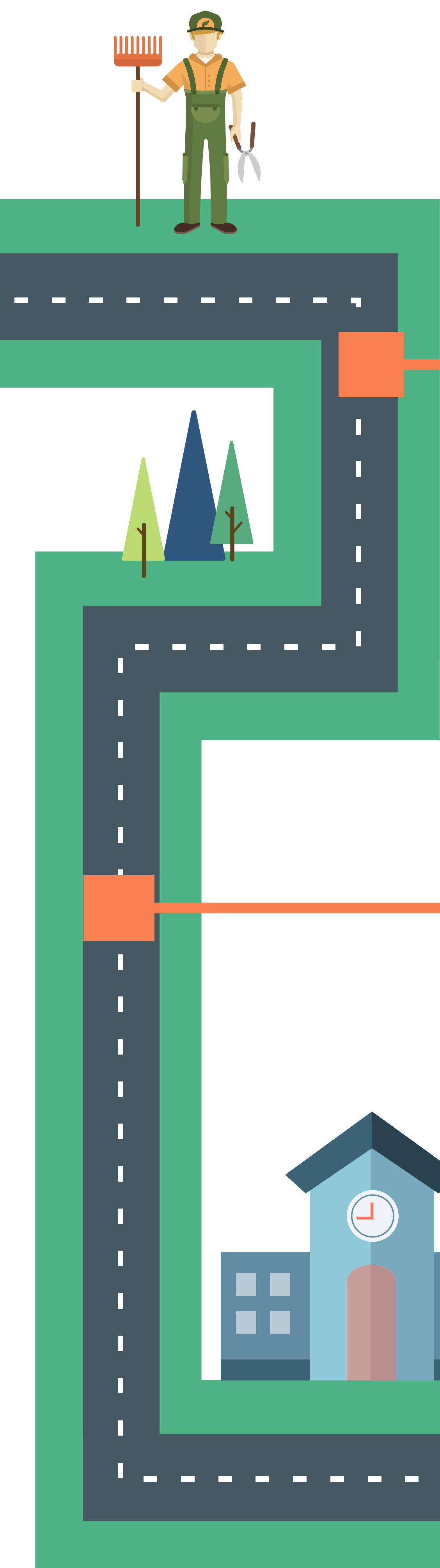


# Healthy Rural Communities

A Locally Driven Collaborative Project



The purpose of the project was to identify evidence-informed strategies and models of practice for land use planning policies, procedures and designs for the built environment to improve population health outcomes in rural communities.



## LDCP 2016-2018

This extension of the project focussed on the target groups of educators and students at the college and university level in fields/faculties that have the potential to impact community health. These may include but are not limited to: Planning, Environmental Health, Engineering, and Public Health. The overall objective of the project is to increase student knowledge and awareness of about the role of their chosen profession in developing healthy rural communities, using the Healthy Rural Communities Toolkit as a foundational document.

## In Doing so...

- A learning tool about how to use the Healthy Rural Communities Toolkit was developed
- Schools and Faculty who could potentially deliver the lesson were identified
- A means of measuring learning success from the lesson was developed for both the students and faculty member who are delivering the lesson

## Fall 2017-Winter 2018

- The learning tool was delivered to several classrooms at different post-secondary institutions in Ontario
- Feedback was collected after each presentation. This included both student and faculty feedback
- Revisions were made based on the comments collected in the feedback forms

**“Since rural communities are inherently different from urban ones, a unique approach is necessary when it comes to community design for healthy built environments in rural places.”**

## Next Steps

- 1.) Disseminate information about this learning tool to relevant academic institutions and programs across Ontario
- 2.) Distribute the learning tool to professional associations within the province for the purpose of delivering this lesson to the students who may be doing a placement

